

CLINICAL: DENTURES

GET GREAT-LOOKING, PREDICTABLE OUTCOMES

Dr. John Nosti explains how and why you should make dentures a focus in your practice. [By Stan Goff]



Dr. John Nosti totally gets why some dentists may get frustrated when attempting to deliver great dentures to their patients. Many of the denture methods taught years ago in dental school are outdated and many clinicians who have had to spend extra time and money adjusting and re-doing dentures may have been turned off to the point where they no longer desire to work with dentures.

But Dr. Nosti, a cosmetic dentist in New York City, uses high-quality denture services as a staple at Dr. John Nosti-Advanced Cosmetic & Rehabilitative Dentistry. He realizes that the need for high-quality dentures is a big opportunity for dentists, and he knows that today's materials and equipment, along with a relationship with a lab that has the proper processes down, can mean great results.

Frustrations

"When I go out and speak to dentists at lectures and study clubs and even on online forums, what I find is dentists don't like doing dentures

because honestly we're taught a relatively antiquated way of doing it when we're in dental school," he said. "With removable prosthodontics you're taught the way they did it in the '50s and '60s. There is so much arbitrary that is taught and for some it's just not a fun process, so I think a lot of people try avoid doing them."

It then can become a snowball affect as dentists may have a difficult time finding quality continuing education on doing dentures and learning new systems. Then, if clinicians struggle to get good, predictable denture results, they understandably might turn their attention to other types of procedures.

Today's denture process

Dr. Nosti takes advantage of some tools, advanced materials and has a lab partner that shares his expertise in delivering high-quality dentures. Because of this, he does not have to worry about getting great outcomes. He wants other doctors to understand that all it takes is a little extra knowledge, some key tools and steps that help deliver precision, and a lab partner that has similar tools, knowledge and the processes necessary to consistently deliver results.

"The system is really what it boils down to," said Nosti, who uses the Removable Smile Design Kit from Ivoclar Vivadent to assure that he gets great fitting, functional dentures. "Once you find a system that makes it predictable for you, you get a great outcome. When you get a great outcome your time is reduced, your patients are happier and you can provide them with a better result. It's an all-around win-win for you and the patient."

LEARN MORE WAYS TO MASTER REMOVABLES

Dr. John Nosti



Make sure to check out Dr. John Nosti's DPR More Than a Denture on demand webinar. For those interested in learning more about how to get great-looking, predictable outcomes, Dr. Nosti explains how and why you should make dentures a focus in your practice. You can find the webinar at: <http://pages.dentalproductsreport.com/morethanadenture-DPR>

Also, Ivoclar Vivadent has launched its More Than a Denture consumer and professional websites. Visit the consumer-oriented website at morethanadenture.com, while dental laboratories can become an Authorized Ivoclar Vivadent Removable Laboratory directly through the website morethanadenture.com/pro.

www.morethanadenture.com

Make it a focus

Once you have a system in place that can deliver quality dentures, make this a focus in your practice.

"I look at it where this is something I try and focus on in my practice," he said. "Not many dentists are focusing on good high-quality prosthodontics. There are a lot of edentulous people and a lot of patients really want something more substantial. They want to look great and not to look like they're wearing a denture."

By using tools from the Ivoclar Vivadent kit, Dr. Nosti invests very little time in the early patient visits, and saves plenty of time down the road while also assuring superior outcomes.

"When I hear doctors ask how to get rid of the fact that their patient comes in a hundred times after they make a set of dentures for adjust-

ments, I'll go back and ask what kind of specific bite relationship did you take while you were working through your process," he said.

That's when he explains the importance of tools designed to master occlusion and to help make the job of the laboratory technician designing the dentures easier.

"It's just things that were designed to streamline removable prosthodontics and make us more predictable. Ivoclar for example has taken all of these different instruments and grouped them together in what they call their Removable Smile Design Kit. I teach doctors how to use all those instruments in the kit."

"It just makes you way more predictable, way more precise and it makes the whole process better and it makes it more fun." ●



Smile Design Kit

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